

Commodities

CEREALS & FLAKES ...cont'd...

CEREALS & FLAKES

Barley Flakes (Whole) (og)
Essential Tst Malt Wheat Flakes
Millet Flakes (og)
Mornflake Jumbo Oats (og)
Mornflake Porridge Oats (og)
Rye Flakes (og)
Wheat Flakes (og)

CHEESE

A Rowcliffe Chatel
A Rowcliffe Cream Brie
A Rowcliffe Fowlers Sage Derby
A Rowcliffe Gevrik Goats Cheese
A Rowcliffe Organic Brie (og)
A Rowcliffe Shropshire Blue
A Rowcliffe Slipcote Plain
A Rowcliffe Village Green Goats Cheese
H & B Foods Mozzarella Bags
H & B Foods Capricorn
H & B Foods Cashel Blue
H & B Foods Cotherstone waxed
H & B Foods Crozier Blue
H & B Foods Dolce Latte Wedges
H & B Foods ewes Milk Wensleydale
H & B Foods Goats Cheese Organic (og)
H & B Foods Manchego Guadiana Baby
H & B Foods Mascarpone
H & B Foods Paneer (box)
H & B Foods Port Salut
H & B Foods Ricotta
H & B Foods Small Gubbeen
H & B Foods Somerset Camembert
Staffordshire Organic Cheese Oak smoked - pieces
[Unpasteurised Milk] (og)
Staffordshire Organic Cheese Plain - pieces [Unpasteurised
Milk] (og)
Staffordshire Organic Cheese Whitmore Sheep's Cheese
[Unpasteurised Milk] (og)

FLOURS & MEALS

Dove's Farm Coarse Bran (og)
Mornflake Coarse (Pinhead) Oatmeal
Mornflake Fine Oatmeal
Mornflake Medium Oatmeal (og)
Mornflake Oatbran (og)
Polenta (og)
Wheatgerm

FRUIT - Dried

Apple Rings (SO2)
Apricots Best Whole (SO2)
Apricots Whole Unsulphured
Banana Chips - Sweetened
Banana Sun Dried
Blueberries
Cherry Sour Morello
Cranberries Diced
Dates Pitted
Figs
Ginger Crystallised with White Sugar
Oakleaf Prunes
Pineapple Diced
Prunes Pitted (Ashlock)
Raisins Black Jumbo
Raisins Thompsons USA (og)
Sultanas Turkish (og)

GRAINS

Barley Grain (Pot) (og)
Buckwheat Raw (og)
Bulgur (og)
Bulgur
Cous Cous (og)
Cous Cous
Cous Cous Wholemeal (og)
Dove's Farm Wheat Grain (og)
Millet Grain (og)
Popcorn
Quinoa (ft) (og)

MUESLIS

Essential Cereal Base (og)
Essential Deluxe Muesli (og)
Essential Sultana Crunch
Essential Supreme Muesli
Suma Crunchy Apricot Muesli
Suma Nutty Crunch [aka Granola]

NUTS

Almonds Blanched
Almonds Flaked
Almonds Ground
Almonds Whole
Brazilnuts Broken
Brazilnuts Whole (og)
Brindisa Caramelised Almonds
Coconut Desiccated (og)
Market Walnuts
Mix Fruit & Nut

Commodities

NUTS ...cont'd...

Mixed Nuts

Pecan Nuts

Pistachio Nuts Raw Kernels

PULSES & BEANS

Aduki Beans (og)

Blackeye Beans

Borlotti Beans

Butter Beans

Cannellini Beans (og)

Chick Peas (og)

Chick Peas

Flageolet Beans

Haricot Beans (og)

Kidney Beans Red (og)

Lentils Brown (og)

Lentils Green (og)

Lentils Puy (og)

Lentils Puy

Lentils Red Split (og)

Lentils Red Split

Mix Beanpot

Mix Soup (og)

Mung Beans (og)

Pinto Beans (og)

Split Peas Green

Split Peas Yellow

Turtle Beans Black

RICE

Rice (Surinam) USA Long Grain Brown

Rice Arborio White (og)

Rice Basmati Brown (ft) (og)

Rice Basmati White (ft) (og)

Rice Jasmin White (ft) (og)

Rice Long Grain Brown (og)

Rice Short Grain Brown (og)

Rice White Pudding

SALT

Geo Organics Atlantic Sea Salt - Shaker. (og)

Geo Organics Atlantic Sea Salt Crystals (og)

Maldon Sea Salt - Flaky Crystals

Sea Salt Coarse

Sea Salt Fine

SEEDS

Good Shelled Hemp Seeds

Linseed GOLD (og)

Pumpkin Seeds (og)

Sesame Seeds (og)

Sunflower Seeds (og)

SNACK MIXES

Brindisa Broad Beans Habas Fritas

Brindisa Cocktail Snack Mix

Brindisa Kikones-Maize Kernels

Brindisa Malaga Raisins

Brindisa Spicey Broad Beans

Brindisa Sunflower Seeds

Essential Sesame Sticks

Essential Spicy Chickpeas

Suma Bombay Mix (gf) (og)

SUGARS - Bulk

Billington's Icing Sugar (og)

Branded Foods

listing produced on 10/01/2012

BAKING AIDS

Clearspring Agar Agar Flakes
Community Veg. Suet [Non-Hydrogenated Fats]
Dove's Farm Baking Powder (gf) (og)
Dove's Farm Bicarbonate of Soda
Dove's Farm Corn Flour (og)
Dove's Farm Quick Yeast
Dove's Farm Xanthan Gum (og)
Glutano "Barkat" Baking Powder (gf)
Just Wholefoods VegeSet
Just Wholefoods Wholemeal Breadcrumbs (og)
Langdale's Extracts
Langdale's Vanilla Extract
Langdale's Waters
Nielsen Massey Vanilla Extract (og)
Orgran No Egg (Egg Replacer) (gf)
Queen Taylor & Colledge Vanilla Bean Extract

BISCUITS

Against The Grain Berry Delicious Cookies (gf) (og)
Biona Blueberry Cookies (og)
Crumbs Gingerbread Biscuits
De Rit Hazelnut Waffles (og)
De Rit Honey Waffles (og)
De Rit Syrup Waffles (og)
Dove's Farm Digestives (og)
Dove's Farm Double Chocolate Cookies (gf) (ft) (og)
Dove's Farm Hazelnut & Orange Cookies (ft) (gf) (og)
Nairn's Wheat-Free Biscuits - Mixed Berry
Nairn's Wheat-Free Biscuits - Stem Ginger (ft)
Traidcraft Chocolate Chunk Cookies (ft)
Traidcraft Fruit Chocolate & Nut Cookies (ft)
Traidcraft Stem Ginger Cookies (ft)

BOTTLED WATER

Harrogate Spa Mineral Water - Sparkling [PET Bottle]
Harrogate Spa Mineral Water - Still [PET Bottle]
Harrogate Spa Spring Water - sparkling
Harrogate Spa Spring Water - still [Sports Cap]
Wentworth Brewery Water

BREAD

Artisan Bread Ltd 7 grain & seed LARGE
Artisan Bread Ltd Essene (og)
Artisan Bread Ltd Kamut Lg
Artisan Bread Ltd Kamut sm (og)
Artisan Bread Ltd LARGE Spelt bread (og)
Artisan Bread Ltd Pizza Bases (og)
Artisan Bread Ltd Pumpkin Seed (og)

Artisan Bread Ltd Pumpkin Seed Lg
Artisan Bread Ltd Quinoa SMALL (og)
Artisan Bread Ltd Rye & Spelt (og)
Artisan Bread Ltd rye LARGE (og)
Artisan Bread Ltd Rye SMALL (og)
Artisan Bread Ltd SMALL Campagne
Artisan Bread Ltd Snack pack Wheat Free (og)
Artisan Bread Ltd Spelt 7 Grain & seed (og)
Artisan Bread Ltd Spelt 7 Grain & Seed Lg (og)

Brindisa Almond Biscuits
Brindisa Olive Oil Biscuit
Cat Lane Bakery Baguettes
Cat Lane Bakery Campagne Large
Cat Lane Bakery Campagne Small
Cat Lane Bakery Ciabatta
Cat Lane Bakery Cinn & Raisin Loaf
Cat Lane Bakery Focaccia
Cat Lane Bakery Malt Grain Large
Cat Lane Bakery Malt Grain Small
Cat Lane Bakery Mixed Seed Large
Cat Lane Bakery Mixed Seed Small
Cat Lane Bakery Rye Sourdough Large
Cat Lane Bakery Rye Sourdough Small
Cat Lane Bakery Soft Morning Rolls
Cat Lane Bakery Spelt Large
Cat Lane Bakery Spelt Small
Cat Lane Bakery White Large
Cat Lane Bakery White Small
Cat Lane Bakery Wholemeal Large
Cat Lane Bakery Wholemeal Small
La Bio Idea Pizza Bases [Wholemeal] (og)
Mestemacher Pumpernickel Bread
Mestemacher Rye Bread (og)
Mestemacher Sunflower Bread (og)

Nairn's Cheese Oatcakes
Nairn's Fine Oatcakes
Nairn's Herb & Pumpkin Seed Oatcakes (og)
Nairn's Rough Oatcakes (og)
Newbury Phillips Large White Pitta (og)
Newbury Phillips Mini Wholemeal Pitta (og)
Now Oatcakes - No Salt (og)
Organico Omega Grissini Breadsticks (og)
Sunnyvale Malted Raisin Loaf (og)
Sunnyvale Mixed Grain Bread (gf) (og)
Sunnyvale Natural Sourdough Rye (og)
Sunnyvale Sprouted Wheat Bread (og)

Branded Foods

BREAD ...cont'd...

Village Bakery 10 Seed Bread [no added Yeast]
Village Bakery Baltic Rye Bread + Caraway (og)
Village Bakery Borodinsky Bread [Wheat Free] (og)
Village Bakery Campagne Large (Wheat Sour) (og)
Village Bakery Campagne Small (Wheat Sour) (og)
Village Bakery Chocolate Brownies 4-Pack (og)
Village Bakery Pane Toscano (no added salt or yeast) (og)
Village Bakery RAISIN Borodinsky Bread (Raisin Rye) (og)
Village Bakery Rossisky Small (Rye Sour) (og)
Village Bakery Wholemeal Large Loaf (og)
Village Bakery Wholemeal Small Loaf (og)

BREAKFAST CEREALS

Dove's Farm Cereal Biscuits [Ex Bio-Biz] (og)
Dove's Farm Cereal Flakes (gf) (og)
Dove's Farm Gluten Free Fibre Flake Cereal (og)
Kallo Puffed Rice Cereal - Honey (og)
Kallo Puffed Rice Cereal - Natural (og)
Nairn's Gluten Free Oat Muesli
Nature's Path Millet Rice Flakes (og)
Pertwood Organic Farm Muesli with Fruit & Seeds (og)
Suma Gluten Free Puffed Muesli (og)
Suma Omega Muesli (og)
Twining Ceylon Tea Bags
Whole Earth Classic Cornflakes (og)
Whole Earth Cocoa Crunch (og)
Whole Earth Maple Frosted Flakes (og)
Whole Earth Red Fruit Crunch (og)
Whole Earth Swiss Style Muesli (og)

BURGER & SAUSAGE MIXES

Direct Foods Sosmix
Granose Sunflower Seed & Veg Burger Mix

CANNED DRINKS

Whole Earth Cola Cans (og)
Whole Earth Lemonade Cans (og)
Whole Earth Mountain Cranberry Drink Cans (og)
Whole Earth Sparkling Elderflower Cans (og)
Whole Earth Sparkling Ginger Cans (og)

CHOCOLATE

Allergy Care Whizzers Chocolate Footballs
Booja Booja Around Midnight Espresso Truffles
Booja Booja Banoffee Toffee Truffles
Booja Booja Champagne Truffles (og)
Booja Booja Ecuadorian Chocolate Fresh Truffle (og)
Booja Booja Espresso Chocolate Fresh Truffle (og)
Booja Booja Hazelnut Chocolate Fresh Truffle (og)
Booja Booja Hazelnut Praline Crunch Truffles

Booja Booja Raspberry Ecuadorian Chocolate Fresh Truffle (og)
Booja Booja Rum Sozzled Sultana Truffles
Booja Booja The Gourmet Selection (og)
Montezuma's "Dark Side" Chocolate with Butterscotch (og)
Montezuma's Dark Choc.with Geranium & Orange Bar (og)
Montezuma's Dark Chocolate with Chilli Bar (og)
Montezuma's Dark Chocolate with Chilli Mini Bar (og)
Montezuma's Darksides Milk Choc & Butterscotch (og)
Montezuma's Dominican White & Raspberry
Montezuma's Ecuador Dark & Orange
Montezuma's Milk Chocolate Chilli & Lime (og)
Moo Free Dairy Free Chocolate Buttons (og)
Moo Free Dairy Free Milk Chocolate Bar (og)
Organica DARK Chocolate Coconut Bar (og)
Organica Hazelnut & Nougat Dark Choc. Bar (og)
Organica Vegan Diets White Bar (ft) (og)
Plamil 87% Dark Chocolate Bar (og)
Plamil Cayenne Chocolate Bar (og)
Plamil Ginger Choc. Bar (og)
Plamil Martello Soya Milk Chocolate Bar
Plamil NAS Alternative To Milk Chocolate
Plamil Orange Chocolate & Cranberries (og)
The Day Choc. Co. Dark Choc with Raspberries (ft)
The Day Choc. Co. DARKLY Divine Chocolate (ft)
The Day Choc. Co. Divine 85% Cocoa Dark Chocolate
The Day Choc. Co. Divine Coffee Chocolate (ft)
The Day Choc. Co. Divine Fruit & Nut Dark Choc. (ft)
The Day Choc. Co. Divine MILK Chocolate (ft)
The Day Choc. Co. Divine Milk Chocolate with Hazelnuts (ft)
The Day Choc. Co. Divine Mint Dark Chocolate (ft)
The Day Choc. Co. Divine ORANGE Chocolate (ft)
The Day Choc. Co. Divine WHITE Chocolate (ft)
The Day Choc. Co. Milk Chocolate / Butterscotch (ft)
The Day Choc. Co. White Chocolate and Strawberry (ft)

CHOCOLATE SPREADS

Essential Hazelnut Chocolate Spread (ft) (og)
Plamil Chocolate Spread - Orange (og)
Plamil Chocolate Spread - Plain (og)

CHUTNEY, RELISH & MUSTARD

Biona Harissa Chilli Relish (og)
Essential Dijon Mustard (og)
Essential Wholegrain Mustard (og)

COFFEE, COCOA & Substitutes

Agros Barley Cup (og)
Agros Barley Cup

Branded Foods

COFFEE, COCOA & Substitutes ...cont'd...

Buster's Coffee Beans
Buster's Coffee Coffee
Buster's Coffee Decaff Ground
Cafe Direct 5065 Instant Coffee (ft)
Cafe Direct Machu Picchu Filter Coffee (ft) (og)
Cafe Direct Palenque - Medium Roast Ground (ft) (og)
Cafe Rebelde Zapatista Coffee - Beans (ft) (og)
Cafe Rebelde Zapatista Coffee - Ground (ft) (og)
Choc Affair Cocoa (og)
Clipper DECAFF. Freeze-Dried Arabica Instant Coffee (ft) - green label (og)
Clipper Decaffeinated Ground Coffee (ft) (og)
Clipper Freeze-Dried Arabica Instant Coffee (ft) - blue label (og)
Clipper Instant Hot Chocolate - JAR (ft) (og)
Cotswold Carob Powder
Cotswold Dandelion Coffee
Equal Exchange Cocoa (ft) (og)
Equal Exchange Dark City Rst. Coffee (og)
Equal Exchange Espresso Roast Coffee (og)
Equal Exchange expresso
Equal Exchange Italian Coffee BEANS - It's our... (ft) (og)
Equal Exchange Italian Roast Coffee (og)
Equal Exchange Mocca Coffee BEANS - It's our... (ft) (og)
Equal Exchange Mocha Java (og)
Lima Yannah Coffee Subst. (og)
Percol Guatemalan Coffee (ft) (og)
Prewett's Instant Chicory Drink
Whole Earth NOCAF (og)
Whole Earth Wake Cup

CONDIMENTS & STOCK

Bioforce Herbamare - herb salt
Biona Worcester Sauce (og)
Essential Creamed Coconut (og)
Granovita Brown Sauce - Squeezy (og)
Kallo Stock Cubes (French Onion) (gf) (og)
Kallo Stock Cubes (Garlic+Herb) (gf) (og)
Kallo Stock Cubes (Lo Salt) (gf) (og)
Kallo Stock Cubes (Mushroom) (gf) (og)
Kallo Stock Cubes (Yeast Free) (gf)
Kallo Veg. Stock Cubes (gf) (og)
KTC Creamed Coconut
Marigold Bouillon - GREEN
Marigold Bouillon - RED (og)
Marigold Bouillon (ls) - PURPLE
Marigold Engevita Yeast Flakes Original
Marigold Miso Bouillon Powder (og)
Marigold Vegetarian Gravy Powder (og)
Modernhealth Vecon

Sheff's Special MOJO Chilli Sauce

Sunita Lemon Juice (og)

Whole Earth Tomato Ketchup (og)

CONVENIENCE FOODS

Bio Nova Gherkins - Sweet & Sour (og)
Bio Nova Sauerkraut (Demeter) (og)
Biona Coconut Milk Light [9% fat] (og)
Brindisa Broad Beans
Brindisa Butter Beans in Jars (og)
Brindisa Chick Peas in Jars (og)
Brindisa Haricots in Jars (og)
Brindisa lentils IN JARS (og)
Brindisa Monjardia Artichokes
Brindisa Navarrico Artichoke Hearts
Brindisa Navarrico White Asparagus Spears
Brindisa Piquillo Strips (og)
Cypressa Roasted Red Peppers
Granose Chicken Style Roast Mix
Granose Meat Free Burger Mix
Granose Mixed Nut Roast Mix
Granovita Mock Duck
Just Wholefoods Custard Powder
Just Wholefoods Falafel Mix (og)
Just Wholefoods Lemon Jelly Crystals
Just Wholefoods Raspberry Jelly Crystals
Just Wholefoods Strawberry Jelly Crystals
Leathams Piquillo Peppers
Leathams Slow Roasted Tomatoes
Leathams Slow Roasted Tomatoes in Jars
Leathams Sunblush Tomatoes & olives in Jars
Leathams Sunlush Red Peppers
Olives Et Al Artichokes in tins
Olives Et Al Lemons in Jars
Olives Et Al Marocaine Tapenade
Olives Et Al Romesco
Peppadew Sweet Cherry Peppers - Mild [jar]
Really Interesting Food Co. Spanish Chickpea Casserole
Really Interesting Food Co. Thai Green Curry
Really Interesting Food Co. Thai Temple Curry
Suma Sundried Tomatoes in Olive Oil - Small (og)
Suma Tomato Puree [tubes] (og)
Sunita Capers in Vinegar
Sunita Polenta Ready to Eat (og)
Yakso Seitan in Tamari Sauce (og)

Branded Foods

CONVENIENCE FOODS ...cont'd...

Zanae Butter Bean Salad

Zanae Okra in Sauce

Zanae Spinach and Rice [Spanakorizo]

Zanae Stuffed Peppers -Tomato & Rice

Zanae STUFFED Vine Leaves

CRACKERS & CRISP BREADS

Dr Karg Emmental & Pumpkin Crispbread (og)

Dr Karg Emmental & Pumpkin Crispbread - SNACK SIZE (og)

Dr Karg Seeded Spelt Wholegrain Crispbread (og)

Finn Multigrain Crisp Bread

Finn Original Rye Crispbread - Rounds

Terrasana Crackers - Linseed & Rosemary (og)

CRISPS

Amaizin' Nacho Corn Chips Snack Size (og)

Amaizin' Tortilla Chips Natural (og)

Amaizin' Tortilla Chips Paprika (og)

Garcia Holiday Chips

Piper Crisps Anglesey Sea Salt

Piper Crisps Biggleswade Sweet Chilli

Piper Crisps Sea Salt & Indian Black Pepper

Piper Crisps Sea Salt & Somerset Cider Vinegar

Piper Crisps West Country Cheddar & Onion

Tyrrells Mixed Root Vegetable Crisps

Tyrrells Parsnip Chips

Tyrrells Sea Salt and Cider Vinegar

Tyrrells Sea Salted

Tyrrells Worcester Sauce Crisps

ETHNIC SPECIALITIES - Indian

Biona Thai Curry Paste - Tube (og)

Biona Thai Hot Chilli Paste - Tube (og)

Patak's Bhuna Curry Paste

Patak's Brinjal Pickle

Patak's Chilli Pickle

Patak's Curry Paste - extra hot

Patak's Curry Paste - mild

Patak's Garlic Pickle

Patak's Korma Paste

Patak's Lime Pickle - Hot

Patak's Lime Pickle - MEDIUM

Patak's Madras Paste

Patak's Mango Pickle - hot

Patak's Mango Pickle - medium/mild

Patak's Mixed Pickle

Patak's Rogan Josh Curry Paste

Patak's Sweet Mango Chutney - MILD

Suma Garlic & Coriander Naan Bread

Suma Ghee

Suma Naan Bread

ETHNIC SPECIALITIES - Mexican

Amaizin' Tortilla Wraps (og)

Leathams Multigrain Tortilla Wraps

Leathams Plain Tortilla Wraps

ETHNIC SPECIALITIES - Oriental

Blue Dragon Bamboo Shoots

Blue Dragon Tamarind Paste

Blue Dragon Thai Sweet Chilli Dipping Sauce Original

Blue Dragon Water Chestnuts

Clearspring Mellow White Instant Miso Soup

Clearspring Mikawa Mirin (og)

Clearspring Sencha Green Tea Bags (og)

Clearspring Shoyu (og)

Clearspring Tamari (og)

Clearspring Ume Red Plum Seasoning

Clearspring Umeboshi Plums

Danival Pumpkin Puree (og)

Dunn's River Coconut Milk

Essential Coconut Milk (og)

Essential Shoyu

Essential Tamari

Geo Organics Thai Green Curry Paste (og)

Geo Organics Thai Red Curry Paste (og)

Geo Organics Thai Yellow Curry Paste (og)

Mori-Nu Silken Tofu - Firm

Sanchi Barley Miso (Mugi)

Sanchi Brown Rice Miso (Genmai)

Sanchi Instant Miso Soup (og)

Sanchi Soya Bean Miso (Hatcho)

FESTIVE PRODUCTS

Crumbs Large Christmas Puddings

Crumbs Medium Christmas Cake

Crumbs Small Christmas Puddings

Moo Free Dairy Free Milk Chocolate Egg (og)

S. Hukin Ltd White Marzipan

Shropshire Spice Co. Sage & Onion Stuffing Mix (og)

The Day Choc. Co. Dark Chocolate Easter Egg (ft)

The Day Choc. Co. Milk Chocolate Easter Egg (ft)

The Day Choc. Co. White Chocolate Easter Egg (ft)

FLAPJACKS

Handmade Mixed Case Flapjack

FLOUR

Allergy Care Tapioca Flour

Branded Foods

FLOUR ...cont'd...

Dove's Farm 100% Wholemeal (og)
Dove's Farm 100% Wholemeal Self Raising [SR] (og)
Dove's Farm Barleycorn Flour (og)
Dove's Farm Buckwheat Flour
Dove's Farm Gluten Free Brown Bread Flour (gf)
Dove's Farm Gluten Free Plain White Flour (gf)
Dove's Farm Gluten Free Self Raising White Flour (gf)
Dove's Farm Gluten Free White Bread Flour (gf)
Dove's Farm Gram Flour
Dove's Farm Kamut Flour (og)
Dove's Farm Malthouse (og)
Dove's Farm Plain White (og)
Dove's Farm Plain W'meal [FMP] (og)
Dove's Farm Rice Flour
Dove's Farm Rye Flour (og)
Dove's Farm S/R White (og)
Dove's Farm Strong White (og)
Dove's Farm Type 'o' Pasta Flour (og)
Dove's Farm WHITE Spelt Flour (og)
Dove's Farm Wholegrain Spelt Flour (og)
Gilchester Organics Pizza & Ciabatta Wheat Flour (og)
Mount Pleasant Windmill 100% Wholemeal (og)
Mount Pleasant Windmill 7 Cereal (og)
Mount Pleasant Windmill Light Wholemeal (og)
Mount Pleasant Windmill Maltstone (og)
Mount Pleasant Windmill Rye (og)
Mount Pleasant Windmill Spelt (og)
Mount Pleasant Windmill Strong White (og)
Shipton Mill Chestnut Flour (og)
Triple Lion Cornmeal - Fine
Triple Lion Cornmeal - Medium
Triple Lion Potato Flour
Watermill Semolina (Brown) (og)
Yorkshire Organic Millers White Flour (og)
Yorkshire Organic Millers Wholemeal Flour (og)

FRUIT JUICES - Tetrapack

Calypso Fairtrade Apple Juice
Calypso Fairtrade Orange Juice
Pomegreat Pomegranate Juice Drink
Stute Foods Apple Juice - Screw Top
Stute Foods Cranberry Juice Drink - Screw Top
Stute Foods Grapefruit Juice - Screw Top
Stute Foods Orange Juice - Screw Top
Stute Foods Pineapple Juice - Screw Top
Stute Foods Red Grape Juice - Screw Top
Stute Foods White Grape Juice - Screw Top

FRUIT JUICES & DRINKS - Bottled

Beet It Beetroot Juice (og)

Belvoir Elderflower Presse
Fentiman's Dandelion & Burdock
Fentiman's Ginger Beer (0.5% ABV)
Fentiman's Mandarin & Seville Orange Jigger
Fentiman's Victorian Lemonade
Free Dandelion & Burdock
Free Ginger & Ginseng Drink
Free Sarsaperilla
James White Apple & Crushed Ginger (og)
James White Carrot Juice (og)
James White Pear & Raspberry Juice (og)
James White Pear Juice (og)
James White Tomato Juice (og)
James White Vegetable Juice (og)
Orchid Drink Purdeys - Silver
Rock's Country Blackcurrant Cordial (og)
Rock's Country Blackcurrant Squash (og)
Rock's Country Blue Two Squash (og)
Rock's Country Cranberry Cordial (og)
Rock's Country Elderflower Cordial (og)
Rock's Country Ginger Cordial (og)
Rock's Country Lemon Squash (og)
Rock's Country Lime Cordial (og)
Rock's Country Orange Squash (og)
Rock's Country Red Five Super Fruits Squash (og)
Rock's Country Spiced Fruit Punch Cordial (og)
Rock's Country Summer Fruit Cordial (og)
Suma Apple & Blackcurrant Juice Conc. (og)
Suma Apple Juice Conc. (og)
Thorncroft Wellbeing Cordial - Detox
Thorncroft Wellbeing Cordial - Kombucha

HERBS & SPICES - Branded packs

Brindisa Bouquet Garni
Brindisa La Chintata Paprika
Brindisa Marjoram Bunch
Brindisa Saffron
Brindisa Santo Domingo Paprika
Brindisa Smoked Mild Paprika
Brindisa Wild Marjoram Oregano

Branded Foods

HERBS & SPICES - Branded packs ...cont'd...

Essential Basil (og)	Suma Fennel Seeds
Essential Cayenne Pepper (og)	Suma Five Spice Seasoning
Essential Cinnamon Bark (og)	Suma Garam Masala
Essential Cinnamon Ground (og)	Suma Garlic Granules (og)
Essential Dill Herb (og)	Suma Ginger
Essential Garlic Granules (og)	Suma Ginger Ground (og)
Essential Ground Cinnamon (ft) (og)	Suma Ground Black Pepper
Essential Marjoram (og)	Suma Ground Chilli (og)
Essential Parsley (og)	Suma Ground Chilli
Essential Sage (og)	Suma Juniper Berries
Essential Tarragon (og)	Suma Mace
Essential Thyme (og)	Suma Marjoram
Herb Table Herbs	Suma Methi Leaves
Market Lime leaves	Suma Mint
Suma Allspice	Suma Mixed Herbs
Suma Arrowroot - ground	Suma Mixed Spice
Suma Asafoetida Compound	Suma Mulled Cider Spices
Suma Basil (og)	Suma Mustard Powder
Suma Basil	Suma Mustard Seeds - black
Suma Bay Leaves (og)	Suma Mustard Seeds - yellow
Suma Bay Leaves	Suma Nutmeg Ground (og)
Suma Cajun Spice	Suma Nutmeg Ground
Suma Caraway Seeds (og)	Suma Nutmeg Whole
Suma Caraway Seeds	Suma Oregano (og)
Suma Cardamom - ground	Suma Oregano
Suma Cardamon Pods	Suma Paprika
Suma Cayenne Pepper	Suma Parsley (og)
Suma Celery Salt	Suma Parsley
Suma Celery Seed	Suma Peppercorns - Black
Suma Cinnamon	Suma Peppercorns - mixed boxed
Suma Cinnamon Bark (og)	Suma Pickling Spice
Suma Cinnamon Ground (og)	Suma Piri Piri Seasoning
Suma Cinnamon Sticks	Suma Poppy Seed Blue (og)
Suma Cloves	Suma Poppy Seeds
Suma Cloves Whole (og)	Suma Ras-el-hanout Seasoning
Suma Coriander	Suma Rosemary
Suma Coriander Ground (og)	Suma Sage
Suma Coriander Leaf	Suma Star Anise
Suma Coriander Seed (og)	Suma Tarragon
Suma Coriander Seeds	Suma Thyme (og)
Suma Cumin	Suma Thyme
Suma Cumin Ground (og)	Suma Turmeric
Suma Cumin Seed (og)	Suma Turmeric Ground (og)
Suma Cumin Seeds	Suma Whole Chillies
Suma Curry Leaves	Zaytoun Za'atar - Palestinian Herb Mixture
Suma Curry Powder - Madras	
Suma Curry Powder - Mild	
Suma Dill Herb (og)	
Suma Fajita Seasoning	

Branded Foods

HONEY ...cont'd...

HONEY

Brindisa Chestnut Honey
Brindisa Lavender Honey
Brindisa Orange Blossom Honey
Brindisa Rosemary & organic Honey
Equal Exchange Mexican/Nicaraguan Honey - Clear (ft) (og)
Equal Exchange Mexican/Nicaraguan Honey - Set (ft) (og)
Honey Heather Honey
Honey Plain Honey
Littlelover Acacia Honey (og)
Littlelover Cut Honeycomb
Littlelover Pure Lavender Honey
Littlelover Wildflower Honey - Clear (og)
Littlelover Wildflower Honey - Set (og)
Nelson's Active Manuka Honey 12+
Sheffield Honey Company Honey
Tropical Forest Forest Honey - Clear (ft) (og)
Tropical Forest Forest Honey - Set (ft) (og)

JAMS & SWEET SPREADS

Brindisa jams
Brindisa Quince paste
Clearspring Cherry Fruit Spread (og)
Clearspring Fruit Spread - Apricot (og)
Clearspring Fruit Spread - Blueberry (og)
Clearspring Fruit Spread - Strawberry (og)
Goosemoor Botton Farm (og)
Suma Pear & Apple Spread
Traidcraft Seville Orange Marmalade (ft) (og)

MAYONNAISE & SALAD DRESSINGS

Plamil Nnaise Plain (og)
Plamil Nnaise+Garlic
Simply Delicious Mayonnaise - Garlic (og)
Simply Delicious Mayonnaise - Plain (og)

MILK, MILK SUBSTITUTES & DESSERTS

Bonsoy Soya Milk Alternative (og)
Daioni UHT Milk - Banana Flavour (og)
Daioni UHT Milk - Chocolate Flavour (og)
Daioni UHT Milk - Strawberry Flavour (og)
Eco-Mil Almond Milk (og)
Eco-Mil Hazelnut Drink (og)
Eco-Mil Quinoa Drink (og)
Eco-Mil Soya Milk Powder (og)
Imagine Rice Dream - Calcium Enriched
Imagine Rice Dream - Original (og)
Imagine Rice Dream - Vanilla (og)

Kara Kara Coconut Milk Drink With Calcium
Mill Milk Oatly Oat Drink (og)
Mill Milk Oatly PLUS Drink [+Calcium]
Provamel Dairy-free Soya Milk [with Omega 3] (og)
Provamel RED - Soya Milk [Unsweetened] (og)
Provamel RED HALF LITRE - Soya Milk [Unsweetened] (og)
Provamel SMALL Sweetened Soya Milk + Calcium [Blue]
Provamel Soya Dessert Pots - Chocolate (og)
Provamel Soya Dessert Pots - Vanilla (og)
Provamel Soya Shake - Banana (og)
Provamel Soya Shake - Chocolate (og)
Provamel Soya Shake - Strawberry (og)
Provamel Soya Single Cream (og)
Provamel Soya Soleil - Sweetened [+Calcium]GREEN
Provamel Soya Soleil - Unsweetened RED
Provamel Sweetened Soya Milk + Calcium [Blue]
Provamel Unsweetened Soya Milk + Calcium & Vitamins [Orange]
Sunrise Soya Milk - Unsweetened (og)

MISCELLANEOUS

DECCO LTD Miracle-Gro Compost (og)
If You Care Firelighters
If You Care Unbleached Paper Sandwich Bags

NUT BUTTERS & SEED SPREADS

Biona Cashew Nut Butter (og)
Carley's Hazelnut Butter (og)
Carley's Pumpkin Seed Butter (og)
Carley's Raw Light Tahini (og)
Equal Exchange Cashew Butter (ft) (og)
Essential Tahini - Dark
Essential Tahini - Light
Monki Almond Nut Butter (og)
Suma Peanut Butter Crunchy (ns) (og)
Suma Peanut Butter Crunchy (ws) (og)
Suma Peanut Butter Smooth (ns) (og)
Suma Peanut Butter Smooth (ws) (og)
Suma Tahini - Dark (og)
Suma Tahini - Light (og)
Whole Earth Peanut Butter - Crunchy (og)
Whole Earth Peanut Butter - Smooth (og)

OILS - Vegetable & Seed

Brindisa Arbequina Olive Oil
Brindisa Nunez de Prado Olive Oil (og)

Branded Foods

OILS - Vegetable & Seed ...cont'd...

Clearspring FRYING Sunflower Oil [De-odourised] (og)
Clearspring Italian Olive Oil (og)
Clearspring Rapeseed Oil (og)
Clearspring Sunflower Oil (og)
Clearspring Walnut Oil (og)
Community Sunflower Oil
Equal Exchange Olive Oil - Palestinian (ft)
Granovita Flax Oil (cp) - in glass (og)
Granovita Hemp Oil (cp) - No VAT (og)
Granovita Speciality Omega Blend Oil (cp) (og)
Hellenic Olive Oil Extra Virgin (cp)
Leathams Austrian Pumpkinseed Oil
Leathams Sesame Oil
Leathams Walnut Oil
Metcalf's Oil Rape Seed Oil
Oakleaf Guerande Coarse Salt
Oakleaf Olive Oil
Suma Grape Seed Oil
Suma Sesame Oil (cp)
Zaytoun Palestinian Olive Oil (ft) (og)
Zaytoun Palestinian Olive Oil (ft) - LTOOS (og)

OLIVES

Brindisa Empeltre Black Olives in Jars
Cypressa Pitted Olives - Black
Cypressa Pitted Olives - Green
Cypressa Stuffed Pimento Olives
Olives Et Al Balsamic
Olives Et Al Oil Pourers
Organico Provencale Olives (og)
Sunita Green Olives
Sunita Kalamon Olives (og)
Sunita Kalamon Olives

PASTA & NOODLES

Biona Tricolore Fusilli - Bronze extruded (og)
Biona White Conchiglie - Bronze extruded (og)
Biona Wholewheat Spelt Penne (og)
Biona Wholewheat Spelt Spaghetti (og)
Blue Dragon Egg Noodles (og)
Blue Dragon Wholewheat Noodles
Clearspring Brown Rice Wheat Udon Noodles (og)
Clearspring Oriental Soba Noodles (og)
Clearspring Oriental WHEAT Udon Noodles (og)
Dove's Farm Brown Rice Spaghetti (gf) (og)
Iris/Suma White Fusilli (og)
Iris/Suma White Penne (og)
Iris/Suma White Spaghetti (og)
Iris/Suma Wholewheat Fusilli (og)
Iris/Suma Wholewheat Penne (og)

Iris/Suma Wholewheat Spaghetti (og)
King Soba 100% Brown Rice Noodles (og)
King Soba 100% Buckwheat Noodles (og)
King Soba Corn & Brown Rice Noodles (og)
King Soba Millet & Brown Rice Noodles (og)
King Soba Spinach Noodles (og)
King Soba Thai Rice Noodles (og)
King Soba Vermicelli Noodles (og)
La Bio Idea W/Wheat Fettuce [Tagliatelle] (og)
La Bio Idea W/Wheat Linguine (og)
La Bio Idea White Farfalle - Action Man Bow-ties (og)
La Bio Idea White Lasagne (og)
La Bio Idea Wholewheat Lasagne (og)
La Terra E El Cielo White Cavatappi (HollowTwists) (og)
Leathams Orzo
Orgran Buckwheat Crispbread
Orgran Buckwheat Spirals 004 (gf)
Orgran Corn & Vegetable Shells 002 (gf)
Orgran Rice & Corn Penne (gf) (og)
Orgran Rice and Millet Spirals 001 (gf)
Rizopia Brown Rice Lasagne (gf) (og)
Rizopia Brown Rice Penne (gf) (og)
Rizopia Brown Rice Spaghetti (gf) (og)
Traidcraft Penne & Quinoa (ft) (og)

PESTO & COOKING SAUCES

Essential Passata (og)
La Bio Idea Pasta Sauce Cariofi (og)
La Bio Idea Pasta Sauce Ricotta (og)
Organico Bolognese Sauce (og)
Organico Olive, Chilli & Garlic Pasta Sauce (og)
Organico Red Wine and Porcini Sauce (og)
Suma Green Pesto - Vegan (og)
Suma Green Pesto - Vegetarian (og)
Suma Napoletana Pasta Sauce (gf) (og)
Suma Passata - Basil (og)
Suma Pasta Sauce - Arrabbiata (og)
Suma Pesto Alla Genovese (og)
Suma Red Pesto - Vegan (og)
Zest Foods Pesto (Vegan)
Zest Foods Pesto (Vegetarian)

RICE CAKES

Biona Rice Cakes - no Salt (og)
Biona Rice Cakes - with Salt (og)
Clearspring Slim Rice Cakes - Multigrain with Spelt (og)
Clearspring Slim Rice Cakes - Plain (ns) (gf) (og)
Clearspring Slim Rice Cakes - Salted (gf) (og)

Branded Foods

RICE CAKES ...cont'd...

Kallo [Large] Savoury Rice Cakes - RC80 (og)
Kallo Corn Cakes - Thin Slice [With salt] - CC10 (og)
Kallo Rice Cakes - Thin Slice [No salt] [purple] - RC62 (og)
Kallo Rice Cakes & Sesame - Thick Slice [With salt] - RC130 (og)

SAVOURY SNACKS

Cypressa Roasted and Salted Broad Beans
Olives Et Al Harissa Bags
Olives Et Al Sesame Peanuts
Olives Et Al Siena
Tyrrells Mixed Root Vegetable Chips - Large
Tyrrells Naked Chips
Tyrrells Naked Chips - No Added Salt
Tyrrells Sea Salt & Black Pepper
Yorkshire Crisps Crisps

SAVOURY SPREADS & PATES

Granovita Garlic & Herb Ready Spreadable Pate (og)
Granovita Herb Ready Spreadable Pate (og)
Granovita Mushroom Ready Spreadable Pate (og)
Granovita Original Ready Spreadable Pate (og)
Granovita Tangy Tomato Tofu Pate (Tubes) (og)
Granovita Tofu Spicy Mexican (Tubes) (og)
Meridian Yeast Extract + B12 [WITH SALT]
Modernhealth Natex Yeast Extract
Modernhealth Natex Yeast Extract - Low Salt
Suma Mushroom Pate - Tubes (og)
Suma Savoury Herb Pate - Tubes (og)
Sunita Kalamon Olive Pate (og)

SEA VEGETABLES

Clearspring Arame
Clearspring Atlantic Sea Salad
Clearspring Green Nori Sprinkles aka Flakes
Clearspring Hijiki
Clearspring Kombu
Clearspring Nori
Clearspring Sushi Nori (Toasted)
Clearspring Wakame

SOUP & SOUP MIXES

Free & Easy Green Pea Soup (og)
Free & Easy Leek & Potato Soup (og)
Free & Easy Parsnip Soup (og)
Really Interesting Food Co. Balinese Lentil & Pepper Soup
Really Interesting Food Co. Mexican Bean Soup
Really Interesting Food Co. Moroccan Chickpea Soup
Really Interesting Food Co. Sri Lankan Lentil & C'nut Soup
Suma Carrot & Coriander Soup (og)

Suma Italian Tomato & Basil Soup (og)
Suma Leek & Potato Soup (og)
Suma Minestrone Soup (og)
Suma Pea Soup (og)
Suma Spicy Lentil Soup (og)
Suma Thick Vegetable Soup (og)
Suma Tomato & Red Pepper Soup (og)
Suma Tomato Soup (og)
Suma Tuscan Bean Soup (og)

SUGAR

Billington's Demerara Sugar (og)
Equal Exchange Raw Cane Sugar (ft) (og)
Traidcraft Dark Muscovado Sugar (ft)
Traidcraft Demerara Sugar (ft)
Traidcraft Golden Caster Sugar (ft)
Traidcraft Raw Cane Sugar (ft)

SWEET SNACKS

Agros Sesame Snaps - Yoghurt Coated
Agros Sesame Snaps Choc [Box]
Agros Sesame Snaps Coconut [Box]
Agros Sesame Snaps Plain [Box]
Bounce Spirulina Ginseng Ball
Brindisa Almond Praline
Cypressa Choc. Almond Halva Bar
D&D Siesta Carob Bars (Orange, Mint & Plain)
Free Natural Liquorice Pieces - Bags (og)
Free Natural Liquorice Sticks (og)
Fruitina Variety Pack
Jali Organics Banana
Jali Organics Pineapple
Just Wholefoods Frooty Fruits (og)
Just Wholefoods Vegebears Fruit Jellies (og)
Leathams Popcorn
Lyme Regis Kidz Fruit Bar - Apple (og)
Lyme Regis Kidz Fruit Bar - Blackcurrant (og)
Lyme Regis Kidz Fruit Bar - Strawberry (og)
Lyme Regis Marzipan Bar BROWN (was)
Lyme Regis Marzipan Bar GREEN (og)
Lyme Regis Marzipan Bar ORANGE (og)
Lyme Regis Mixed Berry Fruitus Bar (og)
Melting Pot Fudge
Montezuma's Peru with Sea Salt (og)
Montezuma's Smooth Milk (og)
Montezuma's Very Dark Mini Bar (og)
Nakd Nibble Bars Cocoa Loco Raw Fruit & Nut Bar
Panda Liquorice Bars
Panda Mix
Panda Raspberry Chew

Branded Foods

SWEET SNACKS ...cont'd...

Peanut Snap Bars

Sunita Grape Juice/Sultana Halva

Sunita Pistachio Halva

Sunita Plain Honey Halva (og)

Traidcraft Geobar - Apricot & Raisin (ft)

Traidcraft Geobar - Chocolate (ft)

Traidcraft Geobars - Mixed Berry & Raisin (ft)

SWEETENERS

Atkins & Potts Pomegranate Syrup

Atkins & Potts Rosehip Syrup

Clearspring Rice Malt Syrup (og)

Crazy Jack Date Syrup (og)

Fruisana Fructose

Meridian SMALL - Blackstrap Molasses (ft) (og)

Rayner's Barley Malt Extract (og)

Rayner's Golden Syrup (ft) (og)

Rayner's Molasses aka Black Treacle (og)

Shady Farm's Maple Syrup (og)

Suma Agave Syrup (og)

Sweet Freedom Natural Sweetener - Mild

TEAS & HERB TEAS

Cafe Direct Teadirect Tea Bags (ft)

Clipper Everyday Blend Tea [Loose] (og)

Clipper Everyday Blend Tea Bags - 80's [Green Box] (og)

Clipper Everyday Decaffeinated Tea bags (og)

Clipper Green Decaffeinated Tea Bags (ft)

Clipper Green Tea [Loose] (ft)

Clipper Green Tea + Aloe Vera Tea Bags (ft) (og)

Clipper Pure Green Tea Bags (ft)

Clipper Sleep Easy Tea Bags (og)

Dr.Stuart's Blueberry & Acai Tea Bags

Dr.Stuart's Detox Tea Bags

Dr.Stuart's Echinacea Plus Tea Bags

Dr.Stuart's Gingko Plus Tea Bags

Dr.Stuart's Tranquillity Tea Bags

Dr.Stuart's Triple Ginseng Plus Tea Bags

Dr.Stuart's Valerian + [ex Vespers] Tea Bags

Dragonfly Tea Moroccan Mint Tea Bags (og)

Dragonfly Tea Mountain Honeybush Tea Bags (og)

Dragonfly Tea Swirling Mist White Tea Bags (og)

Equal Exchange Assam Tea Bags (ft) (og)

Equal Exchange Breakfast Tea Bags (ft) (og)

Equal Exchange Darjeeling Tea Bags (ft) (og)

Equal Exchange Earl Grey Tea Bags (ft) (og)

Equal Exchange GREEN Darjeeling Tea Bags (ft) (og)

Equal Exchange Jasmine Green Tea Bags (ft) (og)

Equal Exchange Rooibos Tea Bags (ft) (og)

Golden Temple Black Chai Tea Bags (og)

Golden Temple Choco Tea Bags (og)

Golden Temple Liquorice Tea Bags (og)

Golden Temple Sweet Chai Tea Bags (og)

Golden Temple Throat Comfort Tea Bags (94%) (og)

Golden Temple Women's Tea Bags (og)

Golden Temple Yogi Classic [Cinnamon] Tea Bags (og)

Hambleden Chamomile Tea Bags (og)

Hambleden Elderflower Tea Bags (og)

Hambleden Fennel Seed Tea Bags (og)

Hambleden Peppermint Tea Bags (og)

Hambleden Rose Hip Tea Bags (og)

Hambleden Spice Delight Tea Bags (og)

Hth&Heather Chamomile Tea Bags (og)

Hth&Heather Nettle Tea Bags (og)

Hth&Heather Peppermint Tea Bags (og)

Hth&Heather Raspberry Leaf Tea Bags

Pukka Herbal Aniseed & Fennel Detox Herbal Tea Bags (og)

Pukka Herbal Cleanse - Nettle, Fennel & Aloe Vera Tea Bags (og)

Pukka Herbal Lemongrass and Ginger Tea Bags (og)

Pukka Herbal Liquorice and Cinnamon Tea Bags (og)

Pukka Herbal Night Time - Oatstraw, Lavender & Chamomile (og)

Pukka Herbal Refreshing Pepp. & Liquorice Pitta Herbal Tea Bags (og)

Pukka Herbal Relax Chamomile & Fennel Vata Herbal Tea Bags (og)

Pukka Herbal Revitalising Cinnamon & Cardamon Kapha Herbal Tea Bags (og)

Pukka Herbal Rose & Chamomile Love Herbal Tea Bags (og)

Pukka Herbal Three Ginger Tea Bags (og)

Pukka Herbal Three Tulsi (og)

Salus Haus Dandelion Tea Bags (og)

Wistbray 11 O'Clock Rooibosch Tea Bags (og)

TINNED CONVENIENCE FOOD

Free & Easy Bean Cassoulet (og)

Free & Easy Chickpea & Bean Tagine (og)

Free & Easy Three Bean Chilli (og)

Granovita Nut Luncheon (tin)

Granovita Vegetable Hotpot (tin)

Marigold Braised Tofu

St Dalfour Cous Cous Salad - Tins

St Dalfour Three Bean Salad - Tins

St Dalfour Whole Grain & Bean Salad - Tins

Suma Cherry Tomatoes (og)

Suma Sweetcorn - Tinned (og)

Suma Tomatoes - Chopped (og)

Suma Tomatoes - Whole (og)

Branded Foods

TINNED PULSES ...cont'd...

TINNED PULSES

Biona Baked Beans in Tom. Sauce (og)

Suma Aduki Beans (og)

Suma Baked Beans (og)

Suma Black Beans (ft) (og)

Suma Black Turtle Beans (ft) (og)

Suma Borlotti Beans in water

Suma Butter Beans (og)

Suma Cannellini Beans (og)

Suma Chickpeas (og)

Suma Chickpeas in water

Suma Flageolet Beans in water

Suma Green Lentils (og)

Suma Haricot Beans (og)

Suma Mixed Beans (og)

Suma Red Kidney Beans (og)

Suma White Kidney Beans (ft) (og)

Whole Earth Baked Beans (og)

VINEGAR

Ali & me Apple Cider Vinegar

Aspall Balsamic Vinegar (og)

Aspall Cyder Vinegar (og)

Aspall Golden Malt Vinegar

Aspall Red Wine Vinegar (og)

Aspall White Wine Vinegar (og)

Brindisa Balsamic orange label Vinegar

Brindisa Valdespino Sherry Vinegar

Clearspring Balsamic Vinegar (og)

Clearspring Brown Rice Vinegar (og)

Leathams Balsamic Syrup

Suma Balsamic Vinegar - oak aged (og)

Branded Non-Food

listing produced on 10/01/2012

BABY CARE PRODUCTS

Beaming Baby Bio-Degradable Nappies Junior (15kg+)
Beaming Baby Bio-Degradable Nappies Maxi Plus (12-22kg)
Beaming Baby Bio-Degradable Nappies Maxi(8-16kg)
Beaming Baby Bio-Degradable Nappies Midi(5-9kg)
Earth Friendly Chamomile Bubble Bath
Earth Friendly Chamomile Shampoo & Wash
Earth Friendly Eco Baby Wipes
Earth Friendly Nappy Sacks - 100% degradable
Oko Moltex Mini Nappies [3-6Kg] - Size 2
Oko Moltex XL Nappies [16-30Kg] - size 6

BOOKS

Active distributions Cake Scoffers
Active distributions Grime & Nourishment
Active distributions Hot Damn
Active distributions Soy Not Oy
Books A Vegan Taste Of.....
Books Allotment Gardening
Books Another Dinner
Books Another dinner is possible
Books ARGYLL - Sprouters Handbook
Books Back garden seed...
Books Composting
Books Composting for all
Books Diabetic cookbook
Books E For Additives
Books Healthy Eating Recipe Book (og)
Books How to store...
Books How to turn your parents green
Books Natural Baby
Books Natural Home
Books Natural Women
Books new item
Books Pogo café
Books Reduce reuse recycle
Books The little book of...
Books Vegan Passport
J & J Publishing Boxing Clever
Organic Directory The Organic Directory
The Natural Trust Beekeeping Books
Thorsons Books Bean Book

BOOKS, ETC-Please ask for details

Yaoh Charts

CLEANING PRODUCTS - Household

Bio D Dishwasher Powder - REFILLS
Bio D Dishwasher Rinse Aid

Bio D Fabric Conditioner
Bio D Laundry Liquid
Bio D Multi-Surface Cleanser
Bio D Toilet Cleaner
Bio D Washing Powder
Bio D Washing Up Liquid
Ecoleaf Fabric Conditioner
Ecoleaf Laundry Liquid
Ecoleaf Liquid Hand Soap
Ecoleaf Multi Surface Cleaner
Ecoleaf Stain Remover
Ecoleaf Toilet Cleaner
Ecoleaf Washing Powder Concentrated
Ecoleaf Washing Up Liquid
Ecover All Purpose Cleaner - Lemon [Yellow Top]
Ecover Cream Cleaner
Ecover Delicate
Ecover Floor Soap - Concentrated
Ecover Heavy Duty Hand Cleaner
Ecover Laundry Bleach
Ecover Limescale Remover
Ecover Washing Up Liquid + Aloe Vera & Lemon
Sodasan Automatic Dishwasher Tablets
Sodasan Orange All Purpose Cleaner

COOKWARE & UTENSILS

Being Fare Salad Sprouter
Clearspring Tawashi Vegetable Brush - Orange wrapper
Hill Brush Co Vegetable Brush
Hill Brush Co Washing Up Brush & 4 Heads
Jam Jar Shop Cliptop Glass Round Preserving Jar
Jam Jar Shop Hexagonal Jars
Jam Jar Shop Jam Funnel Stainless Steel
Jam Jar Shop Jam Pot Covers
Jam Jar Shop Jelly Bag
Jam Jar Shop Labels
Jam Jar Shop Maslin Pan
Jam Jar Shop Muslin Square
Jam Jar Shop Preserving Jar Seals
Jam Jar Shop Screw Top Glass Preserving Jar
Jam Jar Shop Screw Top Seals for Kilner Jars
Jam Jar Shop Thermometer
Jam Jar Shop Waxed Discs
Jam Jar Shop White Labels
Jam Jar Shop Wooden Jam Spoon

ECOLOGICAL PRODUCTS

Ecover Biodegradable Compost Bags
If You Care Recycled Aluminum Foil
If You Care Unbleached Parchment Paper

Branded Non-Food

ECOLOGICAL PRODUCTS ...cont'd...

Tuffy Swing Bin Liners - Biodegradable

ESSENTIAL OILS & BURNERS

Aqua Oleum Bergamot
Aqua Oleum Cinnamon Leaf
Aqua Oleum Citronella
Aqua Oleum Clary Sage
Aqua Oleum Clove Bud
Aqua Oleum Eucalyptus
Aqua Oleum Ginger
Aqua Oleum LARGE Lavender Oil Merchandiser
Aqua Oleum Lemon
Aqua Oleum Neroli (5% dil)
Aqua Oleum Oil Merchandiser (og)
Aqua Oleum Patchouli
Aqua Oleum Peppermint
Aqua Oleum Rose Maroc.(5%dil.)
Aqua Oleum Sandalwood
Aqua Oleum Sweet Almond Oil C/P
Aqua Oleum Tea Tree Oil Merchandiser

GIFTWARE

Fran Halsall Large Cards
Fran Halsall Small Cards

HAIR CARE

Faith Conditioner - Lavender & Geranium
Faith Conditioner - Rosemary
Faith Conditioner - Tea Tree
Faith Shampoo - Aloe Vera (og)
Faith Shampoo - Chocolate (og)
Faith Shampoo - Lavender & Geranium
Faith Shampoo - Rosemary
Faith Shampoo - Tea Tree
Suma Clear & Simple Shampoo
Suma Grapefruit & Aloe Vera Shampoo

HEALTHCARE & SUPPLEMENTS

Badger Balm Unscented Lip Care Stick (og)
Granovita Linusprout Sprouted Flax Powder (gf) (og)
Ricola Cherry Honey Lozenges Drops (tube)
Ricola Lemon Mint Lozenges Drops (tube)
Ricola Original Herb Lozenges Drops (tube)
Weleda Arnica Ointment
Weleda Calendolon Ointment

INCENSE & CANDLES

Biosun Hopi Earcandles - Original
Moorlands Mixed Pairs Multi-coloured
Moorlands Rainbow Selection Standard

ORAL HEALTHCARE

Green People Company Happy Kids Mandarin Toothpaste (og)
Green People Company Peppermint Toothpaste (og)
Kingfisher Toothpaste Fennel - Red
Kingfisher Toothpaste Fennel Fl-Free - Purple
Kingfisher Toothpaste Mint/Lem. Fl-Free - Dk. Green
Kingfisher Toothpaste Mint/Lem.- Lt. Green
Monte Bianco [004] Adult Med. Toothbrush
Monte Bianco [009] Adult Med. Toothbrush Heads - Blue
Monte Bianco [010] Adult Sensitive Toothbrush Heads - Green
Monte Bianco [012] Junior Toothbrush Heads - Medium Soft
Monte Bianco Adult Sensitive Toothbrush - Green
Tom's Childrens Silly Strawberry Toothpaste
Tom's Fluoride Free Fennel Toothpaste
Tom's Fluoride Free Spearmint Toothpaste
Tom's Mouthwash - Spearmint
Tom's Simply White Toothpaste
Weleda Children's Tooth Gel
Weleda Toothpaste - Calendula
Weleda Toothpaste - Plant Gel
Weleda Toothpaste - Ratanhia
Weleda Toothpaste - Ratanhia
Weleda Toothpaste - Salt

PACKAGING MATERIALS

Bag It Don't Bin It Cloth Bags
Beanies ecobags jute

PAPER PRODUCTS - Recycled

Cotton Soft Cotton Pocket Tissues (og)
Cotton Soft Facial Tissue (og)
Ecoleaf "RETAIL" - Toilet Tissue [Green Packs]
Ecoleaf Kitchen Towels
If You Care Unbleached Coffee Filters No 2 [Small]
If You Care Unbleached Coffee Filters No 4 [Large]

PET FOOD

Benevo Veggie Cat Food

TOILETRIES & BODYCARE PRODUCTS

Bentley Organic Anti Bacterial Hand Sanitizer (og)
Chandrika Ayurvedic Soap
Crystal Stick Oval
Crystal Stick Roll On
Crystal Stick Round
Crystal Stick Travel
Ecover Shower Gel - Lavender & Aloe Vera

Branded Non-Food

TOILETRIES & BODYCARE PRODUCTS ...cont'd...

Faith Boxed Soap - Chocolate (og)

Faith Foam Bath - Lavender & Geranium

Faith Handwash - Aloe Vera & Tea Tree (og)

Hill Brush Co Back & Body Brush

Hill Brush Co Nail Brush

Lavera Neutral Sun Screen SPF20 (og)

Natracare [1000] Tampons - Regular (og)

Natracare [2000] Tampons - Super (og)

Natracare [2002] Tampons - Super Plus (og)

Natracare [3001] REGULAR Ultra Pads with Wings

Natracare [3021] Natural Pads - Regular

Natracare [3031] Natural Pads - Super

Natracare [3060] Panty Liners - Curved

Natracare [8002] Tampons - Regular Applicator (og)

Natracare [9002] Tampons - Super Applicator (og)

Pitrok Deodorant Spray - Fragranced - For Men

Savon Unwrapped Olive Oil Soap [10 Pack]

Simply Gentle Cotton Wool Pleats (og)

Suma Glycerine Soap - Grapefruit & Aloe Vera

Suma Glycerine Soap - Hemp Oil & Vitamin E

Suma Glycerine Soap - Rose & Geranium

Suma Glycerine Soap - White Lavender

Suma Mixed Pack Soaps - Exotic

Suma Rose of York H/made Soap

Tanjera Soap Various Flavours

Tom's Calendula Long Lasting Roll On Deodorant

Tom's Long Lasting Deo - Apricot

Tom's Unscented Long Lasting Roll On Deodorant

Visionary Soaps Body oils

Visionary Soaps Hand salve & body butters

Visionary Soaps Lip Balm

Weleda Large Deodorant - Citrus [GREEN]

Weleda Large Deodorant - Sage [BLUE]

Weleda Shaving Cream

Yaoh Cocoa Bean & Hemp Seed Oil Moisturising Cream

Yaoh Deodrants

Yaoh Hemp Seed Oil After Sun Cream (og)

Yaoh Hemp Seed Oil Bubblebath

Yaoh Hemp Seed Oil Lip Balm (Mixed Box 1)

Yaoh Hemp Seed Oil Salve (Moisturising Cream)

Yaoh Papaya & Hemp Seed Oil Moisturising Cream

Chilled Goods

listing produced on 10/01/2012

BURGERS & SAUSAGES

Cauldron 6 Succulent Lincs Veg. Sausage
Dragonfly Mixed Case Beany Burgers (og)
Dragonfly Soysage (og)
Fry's Braai Sausage
Fry's Breaded Chicken Style Burgers [4-pack]
Fry's Burgers
Fry's Cocktail Sausage Rolls
Fry's Hot Dogs
Fry's Polony - Slicing Saus.
Fry's SPICED Burgers
Fry's Traditional Sausages
Good Life 4 Pack Nut Cutlet (ft)
Good Life Spicy Bean Quarter Pounder Burgers (ft)
Marlow 8-pack Quorn Sausages (Bag)
Marlow Quorn Burgers
Marlow Southern Style Burgers
Redwood Co READY TO EAT Lincolnshire Sausages
Redwood Co READY TO EAT Sage & Marj. Sausages
Redwood Co Southern Fried "Chicken" Style Burgers [Soy-free]
Redwood Co Southern Fried "Chicken" Style Pieces [Soy-free]
Taifun Grill Sausages (og)
Taifun Wiener/Frankfurters (og)
Veg Choice Burgers
Veg Choice Sausages

BUTTER & MARGARINE

A Rowcliffe Maryland Butter
Biona Margarine (non hydrogenated) (og)
Biona OLIVE Oil Margarine (non hydrogenated) (og)
Delamere Goats Butter
Longley Farm Butter in Foil
Oakleaf Unsalted Butter
Pure Sunflower Spread
Suma Soya Spread [See code 48321]

CHEESE & CHEESE SUBSTITUTES

Biona Cows' Milk Feta (og)
Biona Emmental (og)
Biona Mozzarella (og)
Bookhams English Parmesan
Bute Island Blue Sheese
Bute Island Cheshire Sheese
Bute Island Hard Sheese with Chives
Bute Island Smoked Cheddar Sheese
Bute Island Strong Cheddar Sheese
Cypressa Feta Cheese - Greek

Delamere Hard Goats Cheese
Life Free From [prev. Florentino] Parmazano
Longley Farm 1Kg Soft Cheese
Longley Farm Natural Low Fat Cottage Cheese
Lye Cross Grated Mature Cheddar - Set Weight Pieces (og)
Lye Cross Medium Cheddar Cheese - Set Weight Pieces (og)
Lye Cross Vintage Cheddar Cheese - Set Weight Pieces (og)
Redwood Co "Milty" EDAM Cheese - BLOCKS
Redwood Co "Milty" GOUDA Cheese - BLOCKS
Redwood Co "Milty" Mozzarella - BLOCKS
Redwood Co Blue Style - super melting Cheezly
Redwood Co Cheddar Cheezly + Cranberries
Redwood Co Cheezly - Red Cheddar
Redwood Co Cheezly - White Cheddar
Redwood Co Cheezly with Bacon Bits
Redwood Co Pepperjack Style - super melting Cheezly
Suma Bookhams English Parmezan
Suma Bookhams sussex charmer
Tofutti Better Than Cr. Cheese - Country Veg.
Tofutti Better Than Cr. Cheese - French Onion
Tofutti Better Than Cr. Cheese - Garlic & Herb
Tofutti Better Than Cr. Cheese - Herbs & Chives
Tofutti Better Than Cr. Cheese - Plain

CHILLED GOODS - General Items

A Rowcliffe Fresh Pasta
A Rowcliffe Ravioli
Alpro Soya Fresh Milk - Chocolate
Alpro Soya Fresh Milk + Calcium
Cocofina Small Yoghurts
Cocofina Cottage Cheese
Cocofina Cottage Cheese & Chives
Cocofina H/F Small Yoghurts
Cocofina Large Single Cream
Cocofina Natural Small Yoghurts
Cocofina Small Single Cream
David South Halloumi
David South Quickest Goats Cheese
David South Quickest Mature Cheese
David South Wyke Farm Butter
Delphi Chargrill Red Pepper Houmous
Redwood Co Falafel
Redwood Co Gourmet Gravy Powder
Redwood Co Vegi Deli Meat-free Meatballs
Sojade Natural Soya Yogurt (og)
Taifun Sombreros - Spicy (og)
Topas Space Bar - Chorizo (og)
Topas Space Bar with Hemp (og)

Chilled Goods

EGGS ...cont'd...

EGGS

Acorn 2L Milk (og)
Elliot Eggs Ltd Large Eggs
Elliot Eggs Ltd Med Eggs
Elliot Eggs Ltd Medium Eggs
Goosemoor Large Eggs (og)
Goosemoor Med Eggs (og)

FRESH MILK

Cocoa Loco Cream (og)
Goosemoor 0.5L Acorn Milk (og)
Goosemoor 1L Acorn Milk (og)
Goosemoor 2L Acorn Milk (og)
Goosemoor Acorn Cream (og)

FROZEN FOODS - General Items

Good Life Root Veg Roast
Impulse Tempeh (og)
Marlow Quorn Fillets - Herb & Garlic
Theo's Filo Pastry

FROZEN FRUIT & VEG

Bio Inside Frozen Peas- SMALL PACK (og)
Natural Cool Berry Mix (og)
Natural Cool Blueberries (og)

FRUIT JUICES - Chilled

Grove Fresh Apple & Mango (og)
Grove Fresh Apple Juice (og)
Grove Fresh Breakfast Juice (og)
Grove Fresh Orange Juice (og)

ICE CREAM

Booja Booja Coconut Hullabaloo - Stuff in a Tub (og)
Booja Booja Feisty Winjun Ginger - Stuff in a Tub (og)
Booja Booja Hunky Punky Chocolate - Stuff in a Tub (og)
Booja Booja Hunky Punky Chocolate SMALL - Stuff in a Tub (og)
Cream O'Galloway Vanilla Ice Cream (ft) (og)
Hope Valley Ice Cream Ice Cream
Swedish Glace Juicy Raspberry Ice Cream
Swedish Glace Neapolitan Ice Cream [Family Pack]
Swedish Glace Rich Chocolate Ice Cream
Swedish Glace Vanilla & Strawb. Ripple Cornets
Swedish Glace Vanilla Ice Cream
Swedish Glace Wild Blueberry Ice Cream
Yee Whan Ice creams

MEAT SUBSTITUTES

Fry's Nuggets

Fry's Schnitzel
Fry's Veggie Mince
Macswen's Veg. Haggis
Marlow Quorn "Meat" Balls
Marlow Quorn Bacon Style Streaky Strips
Marlow Quorn Chicken Style Pieces
Marlow Quorn Mince
Marlow Quorn Roast
Realeat Chicken Style Pieces
Realeat Chicken Style Roast with Sage & Onion Stuffing
Redwood Co Cheatin' Chicken
Redwood Co Cheatin' Garlic Sausage
Redwood Co Cheatin' Ham
Redwood Co Cheatin' Pepperoni
Redwood Co Chicken Style Pieces
Redwood Co Chorizo Style Chunks
Redwood Co Fish Style Fingers
Redwood Co ORIGINAL Cheatin' Turkey Roast
Redwood Co STREAKY Style Rashers
Redwood Co TEMPEH Rashers
Redwood Co Thai Fish Style Cakes
Redwood Co Turkey Style Roast with Cranberry & Wild Rice Stuffing
The Real Lancashire Vegetarian Black Pudding
Topas Classic Seitan Sandwich Slices (og)
Topas Wheaty Smoked Thin Slices (og)
Viana Bonanza Veggie Steaks (og)

MISO

Purely Pesto Flavoured Houmous
Purely Pesto plain Hummous
Purely Pesto Soup
Purely Pesto VEGAN Basil Pesto
Source Field Bean Barley Miso (og)
Source Ginger Miso (og)
Source Mellow Barley Miso & Soy (og)
Source Mellow Brown Miso Rice & Soy (og)
Source Mixed Case Misos (og)
Source Sweet Brown Miso Rice & Soy (og)

PATES, DIPS & SPREADS

Goosemoor Hummous Falvoured
Goosemoor Plain Hummous
Orexis Houmous
Suma Mushroom (Bombe)

Chilled Goods

READY MEALS & SNACKS - Chilled ...cont'd...

READY MEALS & SNACKS - Chilled

Forest Foods Tofu + Seaweed pasties - Loose
Forest Foods Wrapped Burritos Grande
Forest Foods Wrapped Calzones - Spinach & Chickpea
Forest Foods Wrapped Calzones - Tomato, Olive & Basil
Forest Foods Wrapped Chilli Cheese Wrap
Forest Foods Wrapped Chimichanga
Forest Foods Wrapped Fresh Basil + Tomato Pizza
Forest Foods Wrapped Mushroom and Sage Roll
Forest Foods Wrapped Quesadillas - Bean & Cheese
Forest Foods Wrapped Smoky Veg. Burritos
Forest Foods Wrapped SOS, Mustard & Tomato Roll
Forest Foods Wrapped Spinach, Potato & Pea Wraps
Saker Carob Flapjack
Saker Pasties
Saker Pizza
Saker Puff Pastry Pasties
Saker Sugar Free Flapjack

READY MEALS & SNACKS - Frozen

Clives Pies Aloo Gobi Pie (gf) (og)
Clives Pies Hungarian Goulash Pie (og)
Clives Pies Lentil & Olive Pie (gf) (og)
Clives Pies Minty Chickpea Pie (gf) (og)
Clives Pies Potato & Cheese Pie (gf) (og)
Clives Pies Veg. Chilli Pie (gf) (og)

SPECIAL ORDER ITEMS

Artisan Bread Ltd Essene (og)
Artisan Bread Ltd Rice Bread (og)
Artisan Bread Ltd Seven Grain & Seed (og)

SPROUTED SEEDS

Aconbury Sprouts (og)
Aconbury Wheat Grass Punnet - pre-order only (og)

SUMA CHILLED

Calon Wen Lightly Salted Welsh Butter (og)

TOFU & TOFU BASED PRODUCTS

Clear Spot Tofu Plain (Large) (og)
Clear Spot Tofu Plain [Small] (og)
Clearspring Tofu with fresh herbs
Dragonfly Tofu - Smoked (og)
Taifun Basil Tofu (og)
Taifun Natural Firm Tofu - Small blocks (og)
Taifun Silken Tofu (og)
Taifun Smoked Almond/Sesame Tofu Slice (og)
Taifun Smoked Tofu with Herbs & S'flower Seeds (og)
Taifun Spelt/Sunflower Cutlet (og)

Taifun Tofu Filets - Japanese (og)
Taifun Tofu Filets - Mild Wild Garlic (og)
Taifun Tofu Filets - Pizza Style (og)
Taifun Tofu Olive (og)
Taifun Tofu Rosso (og)
Taifun Tofu/Hazelnut/Spelt Cutlet (og)
Viana Hazelnut Tofu (og)
Viana Smoked Tofu (og)

YOGHURT, CREAM & NON-DAIRY SUBSTITUTES

Acorn Cream (og)
Longley Farm Fromage Frais Fruit
Longley Farm Fromage Natural
Rachels Dairy Creme Fraiche (og)
Rachels Dairy Greek Style & Coconut Yoghurt (og)
Rachels Dairy Greek Style Yogurt - Ginger (og)
Rachels Dairy Greek Style Yogurt with Honey (og)
Rachels Dairy Greek Yoghurt (og)
Rachels Dairy Low Fat Cherry Yoghurt (og)
Rachels Dairy Low Fat Natural Yoghurt (og)
Rachels Dairy Low Fat Rhubarb Yoghurt (og)
Rachels Dairy Low Fat Vanilla Yoghurt (og)
Rachels Dairy Natural Whole Milk Yoghurt (og)
Soyatoo Soya Spray Cream
Tofutti Supreme Sour Cream Substitute
Yeo Valley Yogurt - Natural (og)

YOGURT SUBS

Provamel Blueberry Yofu - SMALL (og)
Provamel Forest Fruit Yofu (og)
Provamel Natural Yofu (og)
Provamel Peach & Mango Yofu (og)
Provamel Raspberry & Vanilla Yofu (og)
Provamel Red Cherry Yofu (og)
Provamel VANILLA Yofu (og)
Sojade Banana Soya Yoghurt (og)
Sojade Natural "Live" Soya Yoghurt (og)
Sojasun Apricot/Guava Soya yoghurt (og)
Sojasun Blueberry Soya yoghurt (og)
Sojasun Cherry Soya yoghurt (og)
Sojasun Lemon Soya yoghurt (og)
Sojasun Mango/Peach Soya yoghurt (og)
Sojasun Raspberry/Passion Fruit Soya yoghurt (og)

Herbs and Spices

listing produced on 10/01/2012

HERBS & SPICES - Lembas Bulk

Arrowroot
Celery Seed
Cinnamon Quills (og)
Cinnamon Quills
Cloves Ground
Curry Powder Madras - Hot
Curry Powder Madras - Medium
Curry Powder Madras - Mild
Dandelion Coffee
Dill Seed
Fenugreek Ground
Fenugreek Seed
Garam Masala
Garlic Powder
Herbes Provencales
Lavender
Liquorice Root Sticks
Saffron
Suma White Peppercorns (ft) (og)
Vanilla Pods

5b.Herbs and Spices (Not

HERBS & SPICES - Bulk

Oakleaf Lime leaves